Carrying HPFH

(hereditary persistence of fetal haemoglobin)...

 \dots is not an illness, and will never become an illness. It was passed to you by one of your parents and you could pass it on to your children.

It is a variation of the blood.

It will not affect the health of your children, even if your partner is also a carrier.

- If you are thinking of having children, your partner should have a blood test "for haemoglobin disorders", to confirm that there is nothing to worry about.
- If you have children or brothers and sisters, they could carry HPFH like you.

To find out more, see your GP or a specialist counsellor.

The counselling service in your area is provided by: